



GRETCHEN WHITMER
GOVERNOR

STATE OF MICHIGAN
DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS
LANSING

MARLON I. BROWN, DPA
DIRECTOR

August 19, 2026

Tamika Littleton
Pleasantry Senior Living
3262 Chenoa Street
Commerce Township, MI 48382

RE: License #: AS630411443
Investigation #: 2026A0611010
Pleasantry Senior Living

Dear Mrs. Littleton:

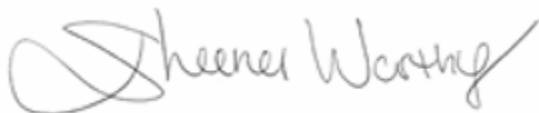
Attached is the Special Investigation Report for the above referenced facility. Due to the violations identified in the report, a written corrective action plan is required. The corrective action plan is due 15 days from the date of this letter and must include the following:

- How compliance with each rule will be achieved.
- Who is directly responsible for implementing the corrective action for each violation.
- Specific time frames for each violation as to when the correction will be completed or implemented.
- How continuing compliance will be maintained once compliance is achieved.
- The signature of the responsible party and a date.

If you desire technical assistance in addressing these issues, please feel free to contact me. In any event, the corrective action plan is due within 15 days. Failure to submit an acceptable corrective action plan will result in disciplinary action.

Please review the enclosed documentation for accuracy and contact me with any questions. In the event that I am not available and you need to speak to someone immediately, please contact the local office at (248) 972-9136.

Sincerely,

A handwritten signature in dark ink, reading "Sheena Worthy". The signature is fluid and cursive, with a large loop at the beginning of the first name.

Sheena Worthy, Licensing Consultant
Bureau of Community and Health Systems
Cadillac Place
3044 West Grand Blvd
2nd Floor, Annex, Suite 2-730
Detroit, MI 48202
Phone: 248-310-5388
Fax: 517-763-0204

enclosure

**MICHIGAN DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS
BUREAU OF COMMUNITY AND HEALTH SYSTEMS
SPECIAL INVESTIGATION REPORT**

I. IDENTIFYING INFORMATION

License #:	AS630411443
Investigation #:	2026A0611010
Complaint Receipt Date:	07/10/2026
Investigation Initiation Date:	07/14/2026
Report Due Date:	09/08/2026
Licensee Name:	Pleasantry Senior Living
Licensee Address:	3262 Chenoa Street Commerce Township, MI 48382
Licensee Telephone #:	(586) 260-1657
Administrator:	Tamika Littleton
Licensee Designee:	Tamika Littleton
Name of Facility:	Pleasantry Senior Living
Facility Address:	3262 Chenoa Street Commerce Township, MI 48382
Facility Telephone #:	(248) 779-7735
Original Issuance Date:	04/21/2022
License Status:	REGULAR
Effective Date:	10/21/2024
Expiration Date:	10/20/2026
Capacity:	5
Program Type:	PHYSICALLY HANDICAPPED ALZHEIMERS AGED

II. ALLEGATION(S)

	Violation Established?
There is a concern about the licensee designee, Tamika Littleton enrolling Resident B in Meals on Wheels without notifying Resident B or her family. Tamika Littleton opened mail addressed to Resident B from Meals on Wheels without permission.	No
Additional Findings	Yes

III. METHODOLOGY

07/10/2026	Special Investigation Intake 2026A0611010
07/14/2026	Special Investigation Initiated - Telephone I made a telephone call to the reporting source. The allegations were discussed.
07/14/2026	APS Referral An Adult Protective Services referral is not applicable for the allegations reported.
07/15/2026	Inspection Completed On-site I completed an unannounced onsite. I interviewed the home manager Towanda Miles, the licensee designee Tamika Littleton, and staff member Brittany Miles. I observed Resident B, Resident A, and Resident C in the living area. The residents were not interviewed as they all have Dementia.
07/15/2026	Contact - Document Received I received text messages from Mrs. Littleton including spreadsheets of food transactions and payment to Meals on Wheels, menus, pictures of the resident's lunch from Meals on Wheels, a link to her website, and a billing statement from Meals on Wheels.
07/16/2026	Contact - Telephone call made I made a telephone call to Meals on Wheels. Information regarding the services was provided.
07/16/2026	Contact - Telephone call made I left a voice message for Resident B's daughter requesting a call back.

07/16/2026	Contact - Document Received I received another excel spreadsheet via text from Mrs. Littleton documenting her payments to Meals on Wheels as well as her grocery shopping.
07/17/2026	Contact - Telephone call made I made a telephone call to Cathy at Meals on Wheels. The allegations were discussed.
07/17/2026	Contact - Telephone call made I left a voice message for Resident B's daughter requesting a call back.
07/17/2026	Contact - Document Received I received an email from Catherine Wormsbacher who is the Operations Supervisor for Meals on Wheels. Ms. Wormsbacher provided payment information regarding the services received at the AFC group home.
07/17/2026	Contact – Document Received I received a text message from Mrs. Littleton providing receipts from Meals on Wheels and a new form provided to her resident's families regarding meals.
07/21/2026	Contact – Telephone call made I made a telephone call to Resident B's daughter. The allegations were discussed.
07/24/2026	Exit Conference I completed an exit conference with the licensee designee Tamika Littleton via telephone.

ALLEGATION:

There is a concern about the licensee designee, Tamika Littleton enrolling Resident B in Meals on Wheels without notifying Resident B or her family. Tamika Littleton opened mail addressed to Resident B from Meals on Wheels without permission.

INVESTIGATION:

On 07/10/26, a complaint was assigned alleging that licensee designee Tamika Littleton enrolled Resident B in Meals on Wheels without notifying Resident B or her family. The family discovered this after finding an opened Meals on Wheels statement on Resident

B's dresser, which Mrs. Littleton had opened without permission. Mrs. Littleton admitted to signing up all residents for the service without informing families. Resident B's family believed the AFC home provided home-cooked meals, as advertised on its website. There is a concern that Mrs. Littleton is double-dipping as she is charging families a price of \$5,500 a month with the impression that all meals are home-cooked as advertised on their website. A refund is being requested for all the meals that Resident B received from Meals on Wheels.

On 07/14/26, I made a telephone call to the reporting source. The reporting source stated she visits Resident B at the AFC group home multiple times a week. The reporting source denied ever witnessing any staff member cooking or preparing food in the kitchen. The reporting source has never seen any staff member provide Resident B with any snacks. The residents are served lunch at 1:00pm which is delivered by Meals on Wheels and; dinner is served at 6:00pm. The reporting source always visits Resident B after 11:00am and she leaves before lunch is served. Resident B has Dementia and she is unable to be interviewed. Resident B has lived at the AFC group home since December 2024 and she has a locked fee of \$5,500 a month for cost of care.

The reporting source stated Resident B spends every other weekend with her daughter. Resident B spends the opposite weekend with her other daughter, but she returns to the AFC group home each evening. Resident B's son picks Resident B up from the AFC group home every Wednesday from 11:00am to 7:00pm. During this phone call, the reporting source attempted to look up the AFC group homes website however; she was unable to find it as it appears as the website may have been taken down.

On 07/15/26, I completed an unannounced onsite. I interviewed the home manager Towanda Miles, the licensee designee Tamika Littleton, and staff member Brittany Miles. I observed Resident B, Resident A, and Resident C in the living area. The residents were not interviewed as they all have Dementia. I received a copy of every resident's resident care agreement and a copy of a refund agreement.

On 07/15/26, Ms. Miles stated she has worked at the AFC group home for four years. Ms. Miles normally works a 12-hour shift from 8:00pm to 8:00am. Ms. Miles stated Meals on Wheels come to the AFC group home every day to provide lunch as a secondary option in the event a resident does not want to eat what was prepared from a staff member. Ms. Miles stated there is never a time staff do not prepare three meals a day. At times, the residents are also fed take out such as pizza or Chinese food. Ms. Miles stated Mrs. Littleton pays for Meals on Wheels.

Ms. Miles stated Resident B did receive a statement in the mail from Meals on Wheels and Mrs. Littleton opened it so that she could address it. The resident's family members are made aware at the time of admission that Meals on Wheels is provided as an option to the residents. The food provided by Meals on Wheels are hot meals such as lasagna, hot dogs, sausages, burgers, and desert. There is a vegetable included in each meal from Meals on Wheels. Ms. Miles denied the residents being given TV dinners from

Meals on Wheels as the food is never frozen. Meals on Wheels delivers to the AFC group home between 10:00am to 11:00am.

Ms. Miles stated Mrs. Littleton goes grocery shopping twice a week. I observed the food in the refrigerator and freezer. I observed the fruit tray served today as part of the residents' breakfast. There was a significant amount of food in the refrigerator. There were chicken patties, frozen potatoes, french toast, a chicken pot pie, cookies, popsicles, ice cream, waffles, pizza rolls, steak bites, pull pork, and angus beef patties in the freezer. The food in the kitchen cabinets consisted of cereal, muffin mix, stove top Cheez-it, quaker oats, and a variety of snacks. I also observed a deep freezer in the basement. The food in the deep freezer consisted of mostaccioli, pizza rolls, chicken patties, hash browns, sausage, steak fajita crunch wraps. The refrigerator, freezer, and deep freezer contain enough food to serve all residents for more than a week.

On 07/15/26, I interviewed the licensee designee Tamika Littleton. Mrs. Littleton denied the allegations. Mrs. Littleton stated Meals on Wheels provides lunch to the AFC group home Monday through Friday for Resident A and Resident C. The purpose of providing Meals on Wheels is to give a substitute option for the residents in the event they do not want to eat the lunch that was prepared by the staff. Until two weeks ago, Meals on Wheels was also providing lunch for Resident B. Mrs. Littleton canceled Resident B's Meals on Wheels service at the family's request because they believe the meals are T.V dinners. Mrs. Littleton stated she did not believe she needed to notify residents' families about Meals on Wheels, as she thought her responsibility was simply to ensure residents received three nutritious meals a day.

Mrs. Littleton stated the food from Meals on Wheels is cooked fresh by a chef. The staff also prepare three meals a day for the residents, and unlimited snacks are available. Mrs. Littleton stated she pays approximately \$3.50 for each lunch per person from Meals on Wheels. Mrs. Littleton uses residents' cost-of-care payments to cover the Meals on Wheels fees as well as groceries for the home

During the onsite, Mrs. Littleton contacted Meals on Wheels to request a copy of their menu and documentation showing she pays for the service. She placed the call on speakerphone, and I heard the representative explain that meals are prepared fresh daily, are balanced, and that today's meal includes tuna salad with cheese, cucumbers, tomatoes, a croissant, and a banana. The representative also noted that residents receive salads on Wednesdays during the summer and hot meals daily during the winter.

Mrs. Littleton admitted to opening a Meals on Wheels statement addressed to both the AFC group home and Resident B. She explained that she set up the account, so statements list the AFC group home's business name along with the resident's name. The statements only include the fee, the AFC group home's name, and the resident's name. Mrs. Littleton said she did not think it was inappropriate to open the statement since she is responsible for paying the bill. Mrs. Littleton stated she recently contacted residents' families to confirm whether they had concerns about Meals on Wheels being

used as a secondary option or about her opening the statements. She reported that none of the families had an issue except for Resident B's family. Mrs. Littleton stated that Resident B's daughter told her she was very happy with her mother living in the AFC home.

On 07/15/26, I interviewed staff member Brittany Miles. Brittany has worked at the AFC group home for three years. Regarding the allegations, the residents are given three meals a day plus a snack. Meals on Wheels provide lunch Monday through Friday. The Meals on Wheels meals are not TV dinners, and all meals are served hot. Brittany confirmed that staff at the AFC group home prepare breakfast, lunch, and dinner for the residents. She explained that if Resident A or Resident C do not want the lunch prepared by staff, they may choose the Meals on Wheels option. At times, they eat both the staff-prepared lunch and the Meals on Wheels meal. Brittany also stated she is not aware of any resident's mail being opened by Mrs. Littleton or any staff member.

On 07/15/26, I received copies of all the residents' resident care agreements as well as a copy of a refund agreement. Resident B's resident care agreement dated 12/07/24 indicates she pays \$5,500 per month. The basic fee includes 24-hour supervision, meals, housekeeping, laundry, activities, medication management, socialization, use of landline, cable TV, internet, pharmacy services, podiatry, visiting physician, physical therapy, occupational therapy, and speech therapy services. Resident A resident care agreement dated 05/01/25, indicates she pays \$4,500 per month. The basic fee includes the previously noted services. Resident C resident care agreement dated 07/08/25 indicates she pays \$6,500 per month. The basic fee includes the previously noted services plus unlimited snacks, organize mail, and hygiene assistance. Resident D resident care agreement dated 06/23/26 indicates she pays \$5,500 per month. The services covered by the basic fee were not documented. Resident E resident care agreement was not dated as it was completed recently. Resident E pays \$8,000 per month. The basic fee includes the previously noted services.

I reviewed a copy of the AFC group home refund policy that was signed by Resident B's daughter on 12/07/24. The refund policy states that if a resident is discharged within the first 19 days of the month, the AFC home will issue a refund equal to 50% of the monthly payment within 30 days. No refund is provided if discharge occurs after 19 days. Residents must give the administrator written notice two weeks prior to discharge. No additional refund conditions were noted.

On 07/15/26, Mrs. Littleton texted a photo of two excel spreadsheets. The first spreadsheet listed grocery transactions from 06/29/26 to 07/13/26 for Kroger, GFS, Nino Salvaggio, Walmart, Milford Grocery, Leo's Coney Island, Wing Hong's Express, and Meijer. One highlighted entry, "VCO Livingston County," dated 06/29/26 for \$600, was identified by Mrs. Littleton as her payment to Meals on Wheels. The second spreadsheet listed transactions from Kroger from 05/27/26 through 07/01/26. The total amount spent at Kroger during the aforementioned timeframe was \$1,091.73.

Mrs. Littleton sent a photo of yesterday's Meals on Wheels meal that a resident did not eat. I observed a black tray sealed with plastic film containing chicken fajitas and refried beans, with a croissant, banana, pie, and a carton of milk placed outside the tray. Mrs. Littleton sent another photo of today's lunch from Meals on Wheels. Meals on Wheels provided a tuna salad, cucumbers, tomatoes, cheese, a croissant, banana, a pudding cup, and a carton of milk. Both meals appeared to be hot, balanced, and nutritious, rather than frozen.

Mrs. Littleton also sent a link to her website documenting that the AFC group home "offers flexible meal options including home-cooked meals, carry-out, and supplemental options to ensure residents always have choices they enjoy". A screenshot of a review posted on the website dated 04/11/26 from Resident B's daughter was also provided. The review stated:

"My mom has been at Pleasantry Senior Living for 1½ years. We are very happy with the care she receives. Pleasantry Senior Living communicates very well with our family regarding my mom. I would highly recommend them to anyone looking for a wonderful place for their mom".

Mrs. Littleton sent another photo of a billing statement from Meals on Wheels for Resident B. The envelope is addressed to Resident B and Pleasantry Senior Living. Mrs. Littleton stated she did not open the envelope to prevent any issues with the family. Mrs. Littleton stated the bill is paid off.

On 07/16/26, I contacted Meals on Wheels and spoke with representative Lori. She confirmed that the program provides hot meals Monday through Friday and two frozen meals for the weekend. Meals on Wheels operates on a donation basis; however, a monthly billing statement is sent to the AFC group home for the service. Hot meals cost \$4.00 each, and frozen meals cost \$2.00 each. Ms. Lori explained that services continue even if the billing statement is not paid. She stated that hot meals are prepared fresh in their kitchen, packaged, and delivered. Today's lunch consists of spaghetti with meat sauce, Italian vegetables, bread, and a pear. Tomorrow's lunch will be baked cod, macaroni and cheese, brussels sprouts, bread, and oranges. Ms. Lori was unable to confirm whether Mrs. Littleton pays the monthly billing statements and transferred me to Ms. Cathy for billing questions. I left a voice message for Ms. Cathy as she was not available.

On 07/16/26, received another excel spreadsheet from Mrs. Littleton documenting her Meals on Wheels payments and grocery purchases from 07/23/25 through 07/16/26. It shows a \$500 payment to Meals on Wheels on 09/19/25, a \$600 payment on 01/06/26, and another \$600 payment on 06/29/26, each listed as "VCO Livingston County 810-632-2155." The remaining transactions were for groceries from GFS, Kroger, Nino Salvaggio, Leo's Coney Island, Milford Grocery, Dunkin, China King, Meijer, and Burger King. The total amount spent on all food and grocery transactions was \$5,003.71.

On 07/17/26, I spoke with Meals on Wheels representative Cathy, who confirmed that Mrs. Littleton does make payments for the residents' meals. She stated that Mrs. Littleton typically submits one large payment at a time. Ms. Cathy will prepare a report documenting Mrs. Littleton's payments over the past few months. Mrs. Littleton terminated the services from Meals on Wheels as of yesterday. Ms. Cathy confirmed that the food is made fresh by a chef every morning and their meals are reviewed by Area of Aging.

On 07/17/26, I received an email from Catherine (Cathy) Wormsbacher who is the Operations Supervisor for Livingston County senior nutrition program and Western Oakland Meals on Wheels. A copy of the email is below:

"As of today 7/17/26, no clients on our program are receiving meals at Pleasantry Senior Living. Within the last 6 months, one client received 137 meals, and we requested a contribution of \$536.00. Meals on Wheels received \$210.00".

On 07/17/26, Mrs. Littleton sent text messages with three Meals on Wheels receipts:

- 01/06/26 – \$600, confirmation number 625589615
- 06/29/26 – \$600, confirmation number 649325060
- 07/16/26 – \$60, confirmation number 651802628

Mrs. Littleton also provided copies of a new "Meal Service Acknowledgment" form stating that while many meals are prepared in the home, not all meals, side dishes, desserts, or baked items are homemade. Signed copies were provided for Resident D (07/18/26), Resident C (07/17/26), Resident A (07/17/26), and Resident E (07/20/26).

On 07/21/26, I spoke with Resident B's daughter regarding the allegations. Resident B's daughter reported that at the end of June 2026, she saw an opened Meals on Wheels billing statement addressed to Resident B and the AFC group home but does not know who opened it. Resident B's family was not aware she was receiving Meals on Wheels. The daughter has seen Resident B eating meals in the AFC group home and assumed staff prepared them, though she has never seen staff cooking. She also stated that her sister recently asked a visitor at the home whether they knew about Meals on Wheels services. The visitor said they were there to sign an acknowledgement form regarding Meals on Wheels being an option for residents and had no concerns about the service. Resident B's daughter stated she and her family are super happy with the care Resident B is receiving at the AFC group home.

APPLICABLE RULE	
R 400.637	Handling of resident funds and valuables.
	(16) A refund agreement must provide for refunds to a resident or the resident's designated representative under any of the following conditions: (b) A resident has been determined to be at risk or victim of abuse, neglect, or exploitation as defined in section 11 of the social welfare act, 1939 PA 280, MCL 400.11, and remaining in the home puts the resident at continued risk.
ANALYSIS:	Based on my investigation, the information obtained does not support confirming the allegations. It was determined that Mrs. Littleton provides Meals on Wheels only as an optional lunch alternative to the meals prepared daily by staff. Staff continue to provide breakfast, lunch, and dinner each day, with Meals on Wheels available Monday through Friday as an optional lunch. I observed adequate food in the refrigerator, freezer, cabinets, and deep freezer. Therefore, there is no evidence that Mrs. Littleton is exploiting cost-of-care funds allocated for resident meals, nor any indication that a refund to the residents would be warranted.
CONCLUSION:	VIOLATION NOT ESTABLISHED

APPLICABLE RULE	
R 400.663	Nutrition; adoption by reference.
	(1) A licensee shall provide daily a minimum of 3 nutritious meals to residents.
ANALYSIS:	The investigation did not yield sufficient information to verify the allegations. On 07/15/26, I confirmed that the refrigerator, freezer, and deep freezer contained enough food to serve all residents for more than one week. The food observed consisted of fruits, vegetables, meat, and dairy.
CONCLUSION:	VIOLATION NOT ESTABLISHED

APPLICABLE RULE	
R 400.681	Resident rights; licensee responsibilities.
	(3) A licensee and staff shall respect and safeguard all of the following resident rights to: (d) Write, send, and receive uncensored and unopened mail at the resident's own expense.
ANALYSIS:	The findings do not provide adequate support to confirm the allegations. Mrs. Littleton reported that the Meals on Wheels billing statement she opened for Resident B was addressed to both Resident B and the AFC group home. She later provided a photo of a billing statement confirming this. Therefore, Mrs. Littleton did not violate Resident B's rights by opening the mail, as the envelope was addressed to both parties.
CONCLUSION:	VIOLATION NOT ESTABLISHED

ADDITIONAL FINDINGS:

INVESTIGATION:

On 07/15/26, I observed that there were no menus posted in the home. Ms. Miles stated for breakfast the residents ate mixed fruit, cereal, and a blueberry muffin. Ms. Miles stated each day she writes out a menu for breakfast, lunch, and dinner and at the end of the day the staff throw it away. Ms. Miles was informed that a menu is required to be posted at least one week in advance and; the menus should be kept for at least 90 days. Ms. Miles had not written today's menu prior to my arrival. Ms. Miles did find a menu she wrote that was dated 07/01/26. The menu dated for 07/01/26 indicated the residents were given cereal, muffin, orange juice, and coffee for breakfast. The residents were given a sandwich, chips, fruit, and juice for lunch and; lasagna, salad, and dessert for dinner. There are no residents in the home that have a special diet.

On 07/15/26, during the onsite, Mrs. Littleton was advised of the rule requiring menu posting and retention. Mrs. Littleton stated that menus are usually posted. Staff complete a daily visit form for each resident documenting their meals, bowel movements, and showers.

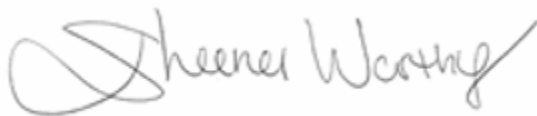
On 07/15/26, Mrs. Littleton sent a copy of the June and July menus via text. According to the menu for 07/15/26, residents should have received a cheese omelet for breakfast. However, it was confirmed during the onsite visit that Ms. Miles writes a daily menu each day, and the breakfast served did not match the menu Mrs. Littleton provided afterward. There were no substitutions documented on the menu.

On 07/24/26, I completed an exit conference with the licensee designee, Tamika Littleton. Mrs. Littleton was informed which allegations were unfounded and which one was substantiated. Mrs. Littleton was advised that a corrective action plan will be required.

APPLICABLE RULE	
R 400.663	Nutrition; adoption by reference.
	(6) Menus, excluding special diets, must be written at least 1 week in advance and posted. Any change or substitution must be documented.
ANALYSIS:	There is sufficient evidence to support the allegations, as no menus were posted during the onsite inspection. The home manager, Ms. Miles, stated that she writes out a daily menu for breakfast, lunch, and dinner, but staff discard it at the end of each day.
CONCLUSION:	VIOLATION ESTABLISHED

IV. RECOMMENDATION

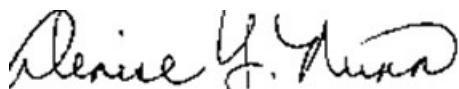
Contingent upon receiving an acceptable corrective action plan, I recommend no change in the license status.



Sheena Worthy
Licensing Consultant

08/18/26
Date

Approved By:



08/19/2026

Denise Y. Nunn
Area Manager

Date