



GRETCHEN WHITMER
GOVERNOR

STATE OF MICHIGAN
DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS
LANSING

MARLON I. BROWN, DPA
DIRECTOR

April 20, 2026

Kathryn Simpson
Progressive Lifestyles Inc
Suite 150
1370 North Oakland Blvd
Waterford, MI 48327

RE: Application #: AS630420203
Dayton
5183 Dayton Dr
Troy, MI 48085

Dear Kathryn Simpson:

Attached is the Original Licensing Study Report for the above referenced facility. The study has determined substantial compliance with applicable licensing statutes and administrative rules. Therefore, a temporary license with a maximum capacity of 4 is issued.

Please review the enclosed documentation for accuracy and contact me with any questions. In the event that I am not available and you need to speak to someone immediately, please contact the local office at (248) 972-9136.

Sincerely,

A handwritten signature in cursive script that reads "Frodet Dawisha".

Frodet Dawisha, Licensing Consultant
Bureau of Community and Health Systems
3026 W. Grand Blvd., Ste 9-100
Cadillac Place
Detroit, MI 48202
(248) 303-6348

enclosure

**MICHIGAN DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS
BUREAU OF COMMUNITY AND HEALTH SYSTEMS
LICENSING STUDY REPORT**

I. IDENTIFYING INFORMATION

License #:	AS630420203
Applicant Name:	Progressive Lifestyles Inc
Applicant Address:	Suite 150 1370 North Oakland Blvd Waterford, MI 48327
Applicant Telephone #:	(248) 842-2332
Administrator/Licensee Designee:	Kathryn Simpson
Name of Facility:	Dayton
Facility Address:	5183 Dayton Dr Troy, MI 48085
Facility Telephone #:	(248) 666-1365
Application Date:	01/09/2026
Capacity:	4
Program Type:	DEVELOPMENTALLY DISABLED MENTALLY ILL

II. METHODOLOGY

01/09/2026	Enrollment
01/09/2026	PSOR on Address Completed
01/09/2026	File Transferred To Field Office
01/12/2026	Application Incomplete Letter Sent Letter emailed to Kathryn Simpson
04/20/2026	SC-Application Received – Original
04/20/2026	Application Complete/On-site Needed
04/20/2026	Inspection Completed On-site
04/20/2026	Inspection Completed-BCAL Full Compliance

III. DESCRIPTION OF FINDINGS & CONCLUSIONS

A. Physical Description of Facility

Facility Location and Neighborhood Overview:

Dayton is located in a residential subdivision in the City of Troy at 5183 Dayton Dr., Troy, Michigan 48085. Dayton is a short distance from many restaurants, recreational facilities, shopping centers, medical facilities, and places of worship. There is available parking on Dayton's driveway and on the road, in front of the home. Due to the facility's location, it utilizes both public water and sewage system.

Dayton is located 2.6 miles away from Corewell Health Troy Beaumont Hospital, which includes 24/7 emergency department. Troy Police and Fire Department responds to emergency calls from the home.

The applicant, Progressive Lifestyles, Inc., leases this home from Springwell House Corporation (Community Housing Network). A copy of the Warranty Deed was provided along with permission for facility to operate as an Adult Foster Care facility on the property and for Licensing and Regulatory Affairs to inspect the property.

Dayton is a large brick ranch style home with an attached two-car garage and a basement. The front entry is the primary egress, and the second egress is off the family room's sliding door that leads to the backyard. The facility does have wheelchair ramps at two approved means of egress from the first floor; therefore, the facility is wheelchair accessible and can accept residents who require the regular use of a wheelchair. The facility's doorways to the living, dining, bathroom, and resident bedrooms have width to

allow for residents requiring wheelchairs or other devices to easily navigate through them and access these spaces.

The main floor has three (3) large bedrooms; two (2) private and one (1) with double occupancy that includes a private full bathroom with a walk-in shower. There is also a full bathroom in the hallway with a step-in tub/shower combo. The bedrooms and bathrooms are equipped with positive latching, non-locking- against- egress hardware. All the bedrooms have adequate space, bedding, and storage. All the bedrooms have a chair and a mirror. The large living room is accessed right from the foyer and there is a ramp that leads from the living room to the dining room. The dining room is adjacent to both the family room and the kitchen. There is a woodburning fireplace in the family room that will not be utilized. The laundry room is right off the kitchen and has a washer and an electric dryer. The facility's clothes dryer is vented to the outside using permanent metal duct work. There is also a half bathroom in the laundry room. The garage can be accessed through the laundry room. There is a table and chairs in the garage that will be used for activities. There is an egress door from the garage. Dayton has a large backyard with a brick patio for the residents to enjoy.

The gas furnace and hot water heater are located in an open space in the facility's basement. A 1-3/4-inch solid core door equipped with an automatic self-closing device and positive latching hardware is located at the top of the stairs to create floor separation.

The furnace and electrical system were inspected on May 05, 2025, by licensed service providers, respectively, and both were determined to be in good condition and function properly. At least one 5-pound multi-purpose fire extinguisher or equivalent is located on each occupied floor and in the basement.

The facility has a wood burning fireplace located in the family room. Licensee designee, Kathryn Simpson provided a signed letter stating that Dayton will not be utilizing the woodburning fireplace.

The facility is equipped with interconnected, hardwired smoke detection system, with battery backup, which was inspected by a licensed electrician on May 09, 2025, and determined to be fully operational and in good condition. Smoke detectors are located in all sleeping areas, on each occupied floor, basement, living rooms, dens, dayrooms, and similar spaced along with all areas that contain flame or heat producing equipment.

Resident bedrooms were measured during the on-site inspection and have the following dimensions:

Bedroom #	Room Dimensions	Total Square Footage	Total Resident Beds
1	11'09" x 11'02"	131	1
2	11'05" x 11'09"	134	1
3	15'0 x 11'08"	175	2
Total			<u>4</u>

The living, dining, and sitting room areas measure a total of **561** square feet of living space. This exceeds the minimum of 35 square feet per occupant requirement.

Based on the above information, it is concluded that this facility can accommodate **four (4)** residents. It is the licensee's responsibility not to exceed the facility's licensed capacity.

B. Program Description

Admission and discharge policies, program statement, refund policy, personnel policies, emergency preparedness plans, standard procedures, and a visitation policy that addresses overnight visitors were reviewed and accepted as written.

The applicant intends to provide 24-hour supervision, protection and personal care to **four (4)** both male and female ambulatory and non-ambulatory adults whose diagnosis is developmentally disabled, mentally impaired, and physically handicapped in the least restrictive environment possible.

Progressive Lifestyles, Inc. is an organization committed to maintain safe, humane, and supportive living environments that promote independence, community inclusion, and quality of life. Programming will be focused on the goals identified in the residents' Individuals Plan of Service. Self-care and daily living skills will be promoted through ongoing guidance around dressing, grooming, nutrition, supervision, protection, and use of community resources. Social skills, developmental, and money management skills will also be a part of the programming focuses of the home. Progressive Lifestyles, Inc. program will also provide individualized support adapted to each resident's cognitive and emotional needs, coordination with providers and outside agencies, structured daily routines that provide stability while encouraging skill building, behavioral support planning, and facilitation of community integration based on individual abilities and goals.

If required, behavioral intervention and crisis intervention programs and personal behavior support plans will be developed and identified in the assessment plan for each resident's social, behavioral, and developmental needs and designed and implemented specific to each resident. These programs shall be implemented only by trained staff, and only with the prior approval of the resident, guardian, and the responsible agency.

Progressive Lifestyles, Inc. intends to accept residents from local community mental health agencies such as Macomb-Oakland Regional Center, and local Michigan Department of Health and Human Services as referral sources.

Dayton is contracted with Oakland County Community Housing Network; therefore, as a Specialized Certification home, Progressive Lifestyles, Inc. shall provide or arrange transportation for residents.

Progressive Lifestyles, Inc. will make provisions for a variety of leisure and recreational equipment. It is the intent of the applicant to utilize local community resources including libraries, local museums, shopping centers, and local parks for additional entertainment and leisure activities.

C. Applicant and Administrator Qualifications

The applicant is Progressive Lifestyles, Inc., which is a “Non-Profit Corporation” was established in Michigan, on August 29, 2019. The applicant has acknowledged sufficient financial resources to provide for the adequate care of the residents. The applicant submitted a financial statement and established an annual budget projecting expenses and income to demonstrate the financial capability to operate this adult foster care facility.

The Board of Directors of Progressive Lifestyles, Inc. have submitted documentation appointing Kathryn Simpson as Licensee Designee and as the Administrator of the facility.

A licensing record clearance request was completed with no LEIN convictions recorded for Kathryn Simpson. Mrs. Simpson submitted a medical clearance with a statement from a physician documenting Mrs. Simpson’s good health, dated April 10, 2026.

Mrs. Simpson has provided documentation to satisfy the qualifications and training requirements identified in the administrative group home rules. Ms. Simpson first began working as a direct care staff at an adult foster care facility in 1992, during which time she provided direct care to residents, including bathing, dressing, personal hygiene, and medication management. Over the last 30 years, Mrs. Simpson has continued to work within the adult foster care field, providing both direct care and management oversight. Mrs. Simpson currently manages over 14 adult foster care facilities with the State of Michigan.

The staffing pattern for the original license of this 4-bed facility is adequate and includes a minimum of 4 staff –to- 4 residents from 9AM-8PM and then 2 staff -to- 4 residents from 9PM-8AM. The applicant acknowledges that the staff –to- resident ratio will change to reflect any increase in the level of supervision, protection, or personal care required by the residents. The applicant has indicated that direct care staff will be awake during sleeping hours.

Mrs. Simpson acknowledged that at no time will this facility rely on “roaming” staff or other staff that are on duty and working at another facility to be considered part of this facility’s staff to resident ratio or expected to assist in providing supervision, protection, or personal care to the resident population.

Mrs. Simpson acknowledges an understanding of the qualifications, suitability, and training requirements for direct care staff prior to each person working in the facility in that capacity or being considered as part of the staff to resident ratio.

Mrs. Simpson acknowledged an understanding of the responsibility to assess the good moral character of employees and contractors who have regular, ongoing, “direct access” to residents or the resident information or both. The licensing consultant provided technical assistance on the process for obtaining criminal record checks utilizing the Michigan Long Term Care Partnership website (www.miltcpartnership.org) and the related documents required to be maintained in each employee’s record to demonstrate compliance.

Mrs. Simpson acknowledges an understanding of the administrative rules regarding medication procedures and that only those direct care staff that have received medication training and have been determined competent by the licensee can administer medication to residents. In addition, Mrs. Simpson has indicated that resident medication will be stored in a locked cabinet and that daily medication logs will be maintained on each resident receiving medication.

Mrs. Simpson acknowledges their responsibility to obtain all required good moral character, medical, and training documentation and signatures that are to be completed prior to each direct care staff or volunteer working directly with residents. In addition, Mrs. Simpson acknowledges their responsibility to maintain all required documentation in each employee’s record for each licensee or licensee designee, administrator, and direct care staff or volunteer and follow the retention schedule for those documents contained within each employee’s record.

Mrs. Simpson acknowledges an understanding of the administrative rules regarding the admission criteria and procedural requirements for accepting a resident into the home for adult foster care.

Mrs. Simpson acknowledges their responsibility to obtain the required written assessment, written assessment plan, resident care agreement, and health care appraisal forms and signatures that are to be completed prior to, or at the time of each resident’s admission to the home as well as updating and completing those forms and obtaining new signatures for each resident on an annual basis.

Mrs. Simpson acknowledges their responsibility to maintain a current resident record on file in the home for each resident and follow the retention schedule for all of the documents that are required to be maintained within each resident’s file.

Mrs. Simpson acknowledges an understanding of the administrative rules regarding the handling of resident funds and valuables and intends to comply. Mrs. Simpson acknowledges recording each resident’s funds and itemized transactions including payment for services. Mrs. Simpson acknowledges this document will be created for each resident in order to document the date and amount of the adult foster care service fee paid each month and all of the resident’s personal money transactions that have been agreed to be managed by the applicant.

Mrs. Simpson acknowledges an understanding of the administrative rules regarding informing each resident of their resident rights and providing them with a copy of those rights. Mrs. Simpson indicated that it is their intent to achieve and maintain compliance with these requirements.

Mrs. Simpson acknowledges an understanding of the administrative rules regarding the written and verbal reporting of incidents and accidents and the responsibility to conduct an immediate investigation of the cause. Mrs. Simpson has indicated their intention to achieve and maintain compliance with the reporting and investigation of each incident and accident involving a resident, employee, and/or visitor.

Mrs. Simpson acknowledges their responsibility to provide a written discharge notice to the appropriate parties when a 30-day or less than 30-day discharge is requested.

D. Rule/Statutory Violations

Mrs. Simpson was in compliance with the licensing act and applicable administrative rules at the time of licensure.

VI. RECOMMENDATION

I recommend issuance of a six-month temporary license to **Dayton**, this adult foster care small group home (capacity 1-4).



04/20/2026

Frodet Dawisha
Licensing Consultant

Date

Approved By:



04/20/2026

Ardra Hunter
Area Manager

Date