



STATE OF MICHIGAN  
DEPARTMENT OF HUMAN SERVICES  
OFFICE OF CHILDREN AND ADULT LICENSING



JENNIFER M. GRANHOLM  
GOVERNOR

MARIANNE UDOW  
DIRECTOR

September 8, 2006

Sharon Goodrow  
Young At Heart Assisted Living, LLC  
11472 Davis Street  
Fenton, MI. 48340

RE: Application #: AS630279858  
Young At Heart #2  
3365 Grange Hall Road  
Holly, MI. 48442

Dear Ms. Goodrow:

Attached is the Original Licensing Study Report for the above referenced facility. The study has determined substantial compliance with applicable licensing statutes and administrative rules. Therefore, a temporary license with a maximum capacity of 6 is issued.

Please review the enclosed documentation for accuracy and feel free to contact me with any questions. In the event that I am not available and you need to speak to someone immediately, please feel free to contact the local office at (248) 975-5051.

Sincerely,

Sharon A. King, Licensing Consultant  
Office of Children and Adult Licensing  
Suite 358  
41000 Woodward  
Bloomfield Hills, MI 48304  
(248) 975-5086

Enclosure

**MICHIGAN DEPARTMENT OF HUMAN SERVICES  
OFFICE OF CHILDREN AND ADULT LICENSING  
LICENSING STUDY REPORT**

**I. IDENTIFYING INFORMATION**

<b>License #:</b>	AS630281660
<b>Applicant Name:</b>	Young At Heart LLC
<b>Applicant Address:</b>	11472 Davis Street Fenton, MI. 48340
<b>Applicant Telephone #:</b>	(810) 714-1566
<b>Administrator/Licensee Designee:</b>	Sharon Goodrow, Designee
<b>Name of Facility:</b>	Young At Heart #2
<b>Facility Address:</b>	3365 Grange Hall Road Holly, MI. 48442
<b>Facility Telephone #:</b>	(248) 634-7797
<b>Application Date:</b>	
<b>Capacity:</b>	6
<b>Program Type:</b>	AGED

## II. METHODOLOGY

01/25/2006	Enrollment
01/27/2006	Application Incomplete Letter Sent re: rec. cl. for Christine
02/03/2006	Contact - Document Received rec'd. completed rec. cl. for H. Christine
02/03/2006	Application Complete/On-site Needed
02/08/2006	Comment File rec'd via ID mail
03/24/2006	Contact - Telephone call made Called licensee's office to schedule an initial inspection. Left a recorded message.
03/27/2006	Inspection Completed On-site
03/27/2006	Inspection Completed-BFS Sub. Non-Compliance
04/21/2006	Contact - Telephone call made Called DLEG's Jim Perry for fire safety clarification.
04/21/2006	Contact - Telephone call made Called applicant's manager to advise re: physical plant needs.
06/01/2006	Contact - Telephone call received Received a call from Program Supervisor re: final inspection. Scheduled for 6/5/2006.
06/05/2006	Inspection Completed On-site
06/05/2006	Inspection Completed-BFS Sub. Compliance
06/14/2006	Inspection Completed On-site
06/14/2006	Inspection Completed-BFS Full Compliance

### III. DESCRIPTION OF FINDINGS & CONCLUSIONS

#### A. Physical Description of Facility

This evaluation is based upon the requirements of P.A. 218 of the Michigan Public Acts of 1979, as amended, and the Administrative Rules and Regulations applicable to the licensure of small group facilities (1-6), licensed or proposed to be licensed after 5/24/1994.

Young At Heart #2 is located at 3365 Grange Hall Road in the Village of Holly in Michigan 48442. A copy of a warranty deed was submitted showing that the property is owned by Sharon A. Ingram (aka Sharon Goodrow), who is the Executive Director of the Young At Heart Assisted Living, LLC licensee corporation.

Young At Heart #2 is a ranch style, aluminum-sided home that sits on a 2.5 acre lot on the North side of Grange Hall Road in the rural Village of Holly, about 3.4 miles West of I-75 at Exit 101. The Young At Heart #2 home is positioned at least 100 feet back off of Grange Hall Road so that there is ample space available for parking in the driveway at the front of the home.

Young At Heart #2 is in close proximity to many resources that include shopping, churches, and recreational facilities. Emergency medical services are available through the Village of Holly fire and police department and through Genesys Hospital located within the Genesys Medical complex in Flint.

Young At Heart #2 has an attached garage. The interior of the home is spacious, comfortable, and clean. The home has a basement that houses the furnace and the hot water heater as well as the laundry room. The basement is not approved for regular resident use.

The home has three bedrooms, a kitchen with a dinette, and a spacious living/dining room as well as a family room. The home has 1.5 bathrooms. The home has a total of 657 square feet of living space available with a spacious family room, kitchen dinette and front dining/living room area.

The three bedrooms of the home are sized as follows:

ROOM/LOCATION	DIMENSIONS	AREA/SQ.FT.	CAPACITY
South West Bedroom #1	15' X 13'10"	207	2
North West Bedroom #2	15'1" X 15'5"	232	2
South East Bedroom #3	12'11" X 11'10"	152	2
<b>TOTAL CAPACITY:</b>			<b>6</b>

**THE HOME'S TOTAL CAPACITY IS SIX.**

## **1. Sanitation**

The Young At Heart #2 home is serviced by municipal water and sewage systems through the Village of Holly. At the time of the final inspection on 09/01/2006, the kitchen and bathroom areas were inspected and found to be in substantial compliance with rules pertaining to sanitation. Poisons and caustics were found stored in a locked cabinet under the kitchen sink away from stored foods and areas of food preparation. The home has adequate food storage capacity with a full-sized refrigerator/freezer and a pantry closet. The refrigerator and freezer were equipped with thermometers to monitor the temperatures for proper food storage. The water temperature was tested at the time of the final inspection and, at 110 degrees Fahrenheit, was found to be within the acceptable range as defined by R 400.14401(2). The home also met the minimum requirements regarding for food service (R 400.14402) and maintenance of premises (R 400.14403).

## **2. Fire Safety**

The Young At Heart #2 home has a fully integrated hard-wired smoke detection system to meet the requirements of R 400.14505. The smoke heads are placed as required by the rule. The system is fully monitored and has a battery back-up system. The home also has fire extinguishers located on the first floor and in the basement to meet the requirements of R 400.14506. The home has four means of egress from the main floor and the exit doors all meet the requirements of rules R 400.14507. The home is equipped with two ramps at the front and back of the home as required to accommodate individuals in wheelchairs. The bedroom and bathroom doors also meet the requirements of R 400.14507 with doors that are equipped with positive-latching, non-locking-against-egress hardware.

The interior of the home is of standard lath and plaster finish or equivalent in all occupied areas. The home meets the environmental and interior finish requirements of rules R400.14502, R 400.14503 and R 400.14504.

A gas forced-air furnace heats the facility. The applicant supplied a copy of a receipt from Dee Cramer company to confirm that a qualified technician had inspected the furnace on 07/21/2006 and 07/27/2006 and found it to be operating properly.

The furnace and the gas hot water heater are located in the basement and are separated from the first floor by a 1-1/2 hour fire-rated door. The home has two fireplaces, one in the front living room that is natural wood burning and one gas fireplace in the family room. The living room fireplace will not be used; and the glass doors are secured to ensure this. The applicant supplied a copy of a receipt from Dee Cramer to confirm that the gas fireplace was inspected on 07/27/2006 and was found operational for use.

At the final inspection on 09/01/2006, the home was found to be in compliance with rules relating to interior finish, smoke detection equipment, fire extinguishers, means of egress, both generally and for bedrooms, heating equipment, flame producing equipment, enclosures and electrical service.

### **3. Required Information**

On 10/13/2005, the AFC licensing division received a completed AFC license application signed by Sharon Ingram identified as the licensee designee and Sandra McArthur, identified as the administrator, acting on behalf of Young At Heart Assisted Living, LLC, to operate an adult foster care small group home (1-6), at 3365 Grange Hall Road in Holly, MI. 48322. The applicant proposed to provide care to six (6) aged adults who are 60 years of age or older, both male and female.

After filing this original application, the information on the original application no longer accurately reflected changes that had occurred since the original application was submitted. On 09/01/2006, Ms. Goodrow consequently completed an amended original application for a license for an adult foster care small group home. On this amended application, Ms. Goodrow changed the home's proposed name from Young At Heart LLC #2 to Young at Heart #2; and she removed Ms. McArthur's name as the administrator since Ms. Goodrow now assumes this position.

A copy of Articles of Incorporation and Amendments to the Articles of Incorporation as well as the corporate by-laws are on file with the licensing division. The documents show that Young At Heart Assisted Living, LLC is a non-governmental, Michigan domestic for-profit corporation that was established on December 29, 2003 for the purpose of operating one or more assisted living facilities.

An organizational chart has been submitted showing the administrative structure for the licensed AFC homes that includes the Director/Owner Sharon Goodrow over the Home Managers who are over the hired staff.

As part of the application process, a current revenue and expense trend report was submitted to establish financial capability and stability. This report includes a revenue and expense report for the Young At Heart Assisted Living, LLC as well as a proposed budget for the Young At Heart #2 home (AFC License # AS630279858). Based on the information submitted, the applicant corporation demonstrates financial capability and stability to operate the Young At Heart #2 adult foster care facility.

## **B. Administrative/Program/Resident Care /Records**

### **1. Program Description**

The applicant's program statement for Young At Heart #2 was submitted to the Office of Children & Adult Licensing for review and inclusion in the licensing record. The document is acceptable as written. The facility will offer a program for a maximum of six elderly men and women who are 60---years of age or older. The home is equipped to serve people who require wheelchair use. According to the program statement, the program and support services provided to the residents of the Young At Heart #2 home will include 24-hour supervision, protection, personal care, health services, daily living skills, relationship building and community accessibility. The home will not directly provide transportation for its residents though arrangements for transportation can be made with outside agencies. Families are responsible for providing transportation for their residents to and from outside activities in the community.

### **2. Applicant**

The applicant is Young At Heart Assisted Living, LLC, a for-profit, Michigan based corporation that was incorporated on 12/29/2003. Young At Heart Assisted Living, LLC operates one other adult foster care facility in Fenton at 11472 Davis Street in Genessee County.

### **3. Licensee Designee/Administrator**

Sharon Ingram (aka Sharon Goodrow) has been acting as a community mental health-trained licensee designee for Young At Heart Assisted Living, LLC since first incorporated on 12/29/2003. Sandra McArthur had been the appointed administrator for Young At Heart Assisted Living, LLC up until July 1, 2006 when she and Ms. Goodrow began to take steps to dissolve their corporate relationship. At time, Sharon Goodrow assumed the position of the administrator while also continuing to act as the corporation's licensee designee.

Ms. Goodrow acquired her high school diploma through the Holly school district in 1970. She has extensive experience and on-going education in operating and managing licensed adult foster care facilities, working with both the elderly and developmentally disabled populations. Ms. Goodrow has been continuing to obtain annual professional training. As the newly appointed administrator, Ms. Goodrow is now required to obtain at least sixteen hours of professional training annually.

Ms. Goodrow has provided written verification that she is in good physical and mental health and is free from communicable tuberculosis. An updated Licensing Clearance was obtained on Ms. Goodrow on 08/03/2006 as demonstration of her good moral character.

As the appointed licensee designee and administrator, Ms. Sharon Goodrow has appointed Hillary Negri as her responsible person in her absence. Ms. Goodrow also identified Halley Teffner as an alternative responsible person.

#### **4. Staffing plan, Proposed Ratios, Staff Training and Competencies**

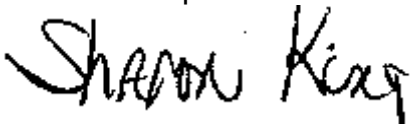
Young At Heart #2 has a proposed staffing pattern of one staff person for six residents on each of the three shifts that will be covered for all seven days of the week. Shifts schedules will be as follows: Daytime from 7AM-3PM; Afternoon from 3PM-11PM and Midnight from 11PM-7 AM. Additional staff will be assigned to overlap shifts based on residents' needs.

The licensee has previous experience with administrative rules governing the hiring and training of employees and maintenance of employee records. These were again reviewed with the licensee designee and to assure conformity.

Technical assistance was provided to the applicant on Public Act 218 and the administrative rule requirements related to assessing the good moral character of any person who provides care to residents. The applicant provided a description of the process used to determine good moral character. Further, the applicant was informed of the prohibition against hiring persons with specified criminal convictions as identified in 34b of PA 218, as amended.

#### **IV. RECOMMENDATION**

This licensing consultant recommends that the department issue a temporary license to this adult foster care small group home facility known as Young At Heart #2 to service a capacity of six aged adults. The temporary license will be in effect for a six-month period. A licensing renewal study will be conducted after six months.



Sharon A. King  
Licensing Consultant

09/05/2006

Date

Approved By:



Barbara Smalley  
Area Manager

09/08/2006

Date